

ADAMELLO SKI RAID
10th April 2021

POLICY Covid 19

Testing procedures prior to the arrival at the event

- All the participants are required to submit to fast antigen test or RT-PCR test, whose result must be negative and declared in the attached health questionnaire. **The result of the test has to be released no more than 72 hours before the start of the accreditation of the event on Friday 9th April 2021 at 2.00 p.m.**
- The **relevant negative result certificate must be carried along & presented with the duly filled & signed health questionnaire** by all participants at the accreditation desk. Questionnaire available as Appendix 1.
- **In case of positive result of the test, the person must not travel to the event.**

GENERAL PROTECTIONS MEASURES & INDIVIDUAL RESPONSIBILITY

- Regularly and thoroughly **clean your hands with an alcohol-based hand rub or wash them with soap and water;**
 - **Always keep the distance of 1 meter** between yourself and anyone;
 - **Maintain at least 2 meters distance between yourself and anyone who is coughing;**
 - **Avoid touching eyes, nose and mouth;**
 - **Cover your mouth and nose with your bent elbow or tissue when you cough or sneeze;**
 - **Avoid any physical contact such as handshaking – non-physical greetings are highly recommended;**
 - **Wearing a mask is compulsory in any event site/area, private or public common spaces. It is required to replace the mask twice during the day. The athletes must wear the mask until 60 seconds before the start of the race. At the arrival it is compulsory for the athletes to wear again the mask when entering the check material zone and to keep it always in any common site. A second mask must be carried in the backpack. The use of buff in place of a mask is not allowed.**
- **Field of play – Waiting - Race office:**
- alcohol-based hand-gel arranged in all the locations;
 - hygiene & distancing signs across all the venues;
 - limited number of people in all areas;
 - organization of sanification, cleaning and waste removal.

- **Start / Finish area:**
 - use of mask until 60 sec before the race; at the arrival it is compulsory for the athletes to wear again the mask.
 - a second mask must be carried in the backpack. The use of buff in place of a mask is not allowed;
 - no physical contact with the athletes;
 - first aid zone.

- **Winner Photos/Ceremonies:**
 - athletes must wear the mask at any ceremonies also when on the podium;
 - pictures of the athletes will be taken with the mask on;
 - pictures respecting distancing;
 - no-handshaking.

- **Anti-Doping Control**
 - distancing and additional hygienic measures.

It is the responsibility of every person to adhere to this policy, follow all procedures and instructions and behave in a disciplined manner at all times, in compliance with the general protections measures in order to enable the safe development of the event.

This policy is a lively document and might be subject to updating.